

NOTRE DAME SCHOOL, NAJAFGARH
SUMMER HOLIDAY HOMEWORK
CLASS XI (2026-27)

HOLIDAYS ARE PRECIOUS OPPORTUNITY THAT ALLOWS CHILDREN TO EMBARK ON A JOURNEY OF SELF DISCOVERY AND UNLOCK NEW PASSIONS.

To ensure that you all have productive and enriching break, your teachers have prepared the Holiday Homework to keep you all active and observant.

FEW GUIDELINES:

- STAY HYDRATED.
- SPEND TIME WITH FAMILY.
- FEED BIRDS AND SAVE ELECTRICITY.
- READ BOOKS AND NEWSPAPERS.
- EXERCISE REGULARLY.
- LEARN AND PRACTICE ALL THE WORK DONE TILL NOW.
- PRAY AND THANK GOD EVERYDAY.

Please Note:

The Holiday Homework will be assessed and graded. So, kindly use your creativity.

- * निम्नलिखित विषयों में से किसी एक विषय पर फ़ाइल तैयार कीजिए-
- * कबीरदास
- * मुंशी प्रेमचंद
- * जनसंचार के माध्यम

Structure of Interview Report

1. Cover Page Include:

- Name
- Class & Section
- Subject
- Roll Number
- School Name
- Title: *Psychology Holiday Homework*

2. Acknowledgement

Write a short paragraph thanking the participants and people who helped.

3. Introduction

Write about:

- What are different research methods in Psychology?
- What is an interview in Psychology?
- Importance of interviews
- Objective of the project
- Ethical considerations

(Approx. 1–2 pages)

4. Informed Consent

Students must take verbal or written permission before interviewing.

Sample Consent Format

I, _____, voluntarily agree to participate in this interview activity conducted for academic purposes. I understand that my information will remain confidential and will only be used for educational purposes.

Signature: _____ Date: _____

5. Interview Schedule

Prepare 8–10 questions beforehand.

Example Questions

1. What does a typical day look like for you?
2. What causes stress in your life?
3. How do you manage difficult emotions?

4. What motivates you?
5. What are your future goals?
6. What activities make you happy?
7. How important are relationships in your life?
8. How do you spend your free time?
9. What challenges do young people face today?
10. What advice would you give others?

6. Individual Interview Summaries

For each participant include:

Basic Details

- Name/Initials
- Age
- Gender
- Occupation
- Relationship with interviewer

Summary of Responses

Write 1–2 pages describing:

- Personality traits
- Emotional state
- Interests
- Coping style
- Behaviour patterns
- Significant insights

7. Conclusion

Write:

- What you learned from the interviews
- Similarities/differences among people
- Personal reflections

PART B — OBSERVATION & CASE PROFILE Task

Observe **1 person** carefully for 3–5 days in natural settings (home, school, playground etc.).

The observation must focus on:

- Behaviour
- Communication style
- Emotional expressions
- Habits
- Social interactions
- Attention/concentration
- Routine activities

Important Instructions

- Observation should be ethical and respectful.
- Do not invade privacy.
- Maintain confidentiality.
- Avoid judgmental language.

Structure of Observation Report

1. Introduction

Explain:

- What is observation method?
- Types of observation
- Importance in Psychology

2. Participant Details

- Name/Initials (optional)
- Age (optional)
- Gender
- Relationship with observer (optional)

3. Observation Setting

Describe:

- Place
- Time
- Situation/context

4. Observation Notes

Record observations in table form.

Date	Situation	Observed Behaviour	Interpretation

5. Case Profile Structure

A. Basic Information

- Name/Initials (optional)
- Age (optional)
- Gender
- Education (optional)
- **Occupation (optional)**

Family Background

- Family type (optional)
- Relationships (optional)
- Home environment (optional)

C. Behavioural Observations •

Communication

- Emotional behaviour
- Social interaction
- Habits
- Attitude

D. Psychological Analysis

Interpret behaviours using psychological concepts learned in class.

E. Strengths of the Person

Mention positive qualities.

F. Areas of Improvement

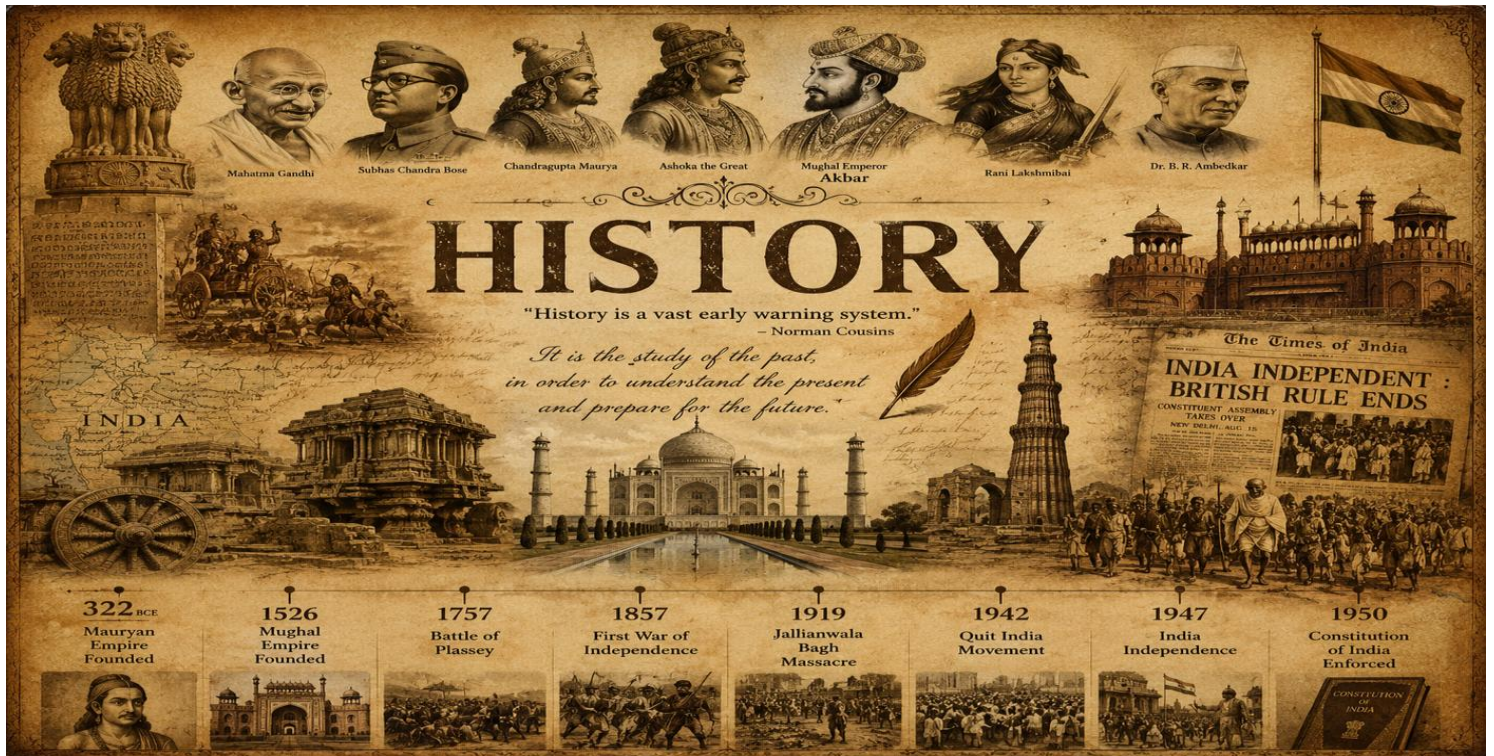
Mention respectfully and constructively.

G. Conclusion

Summarize overall understanding of the person.

Presentation Guidelines

- Use neat handwriting or typed format.
- Attach photographs/charts only if consent is taken.
- Decorate creatively but maintain academic quality.
- Submit in a file/folder.



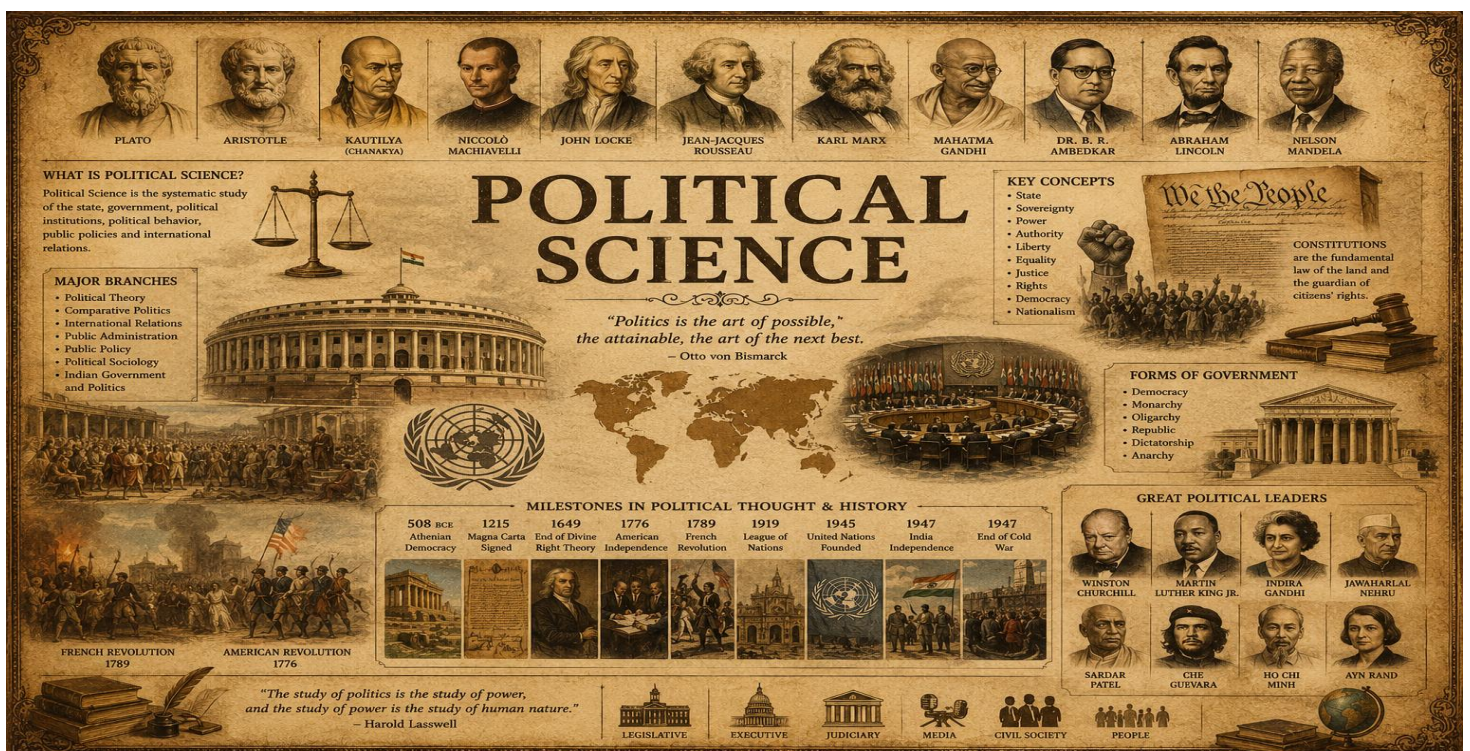
A. Make a project file on any one of the given themes (10-15 pages):

- *Writing and city life
- *An Empire Across Three Continents
- *Nomadic Empires
- *The three orders
- *Changing cultural traditions
- *Paths to Modernisation

The project should consist of the following:

- A. Title page
2. Acknowledgment

3. Table of contents
 4. Introduction
 5. The body of the project should have description of the selected topic, pictures, data and other relevant information
 6. Conclusion should have students' observations on the topic
 7. Bibliography and references
- B. Complete the pending work.**



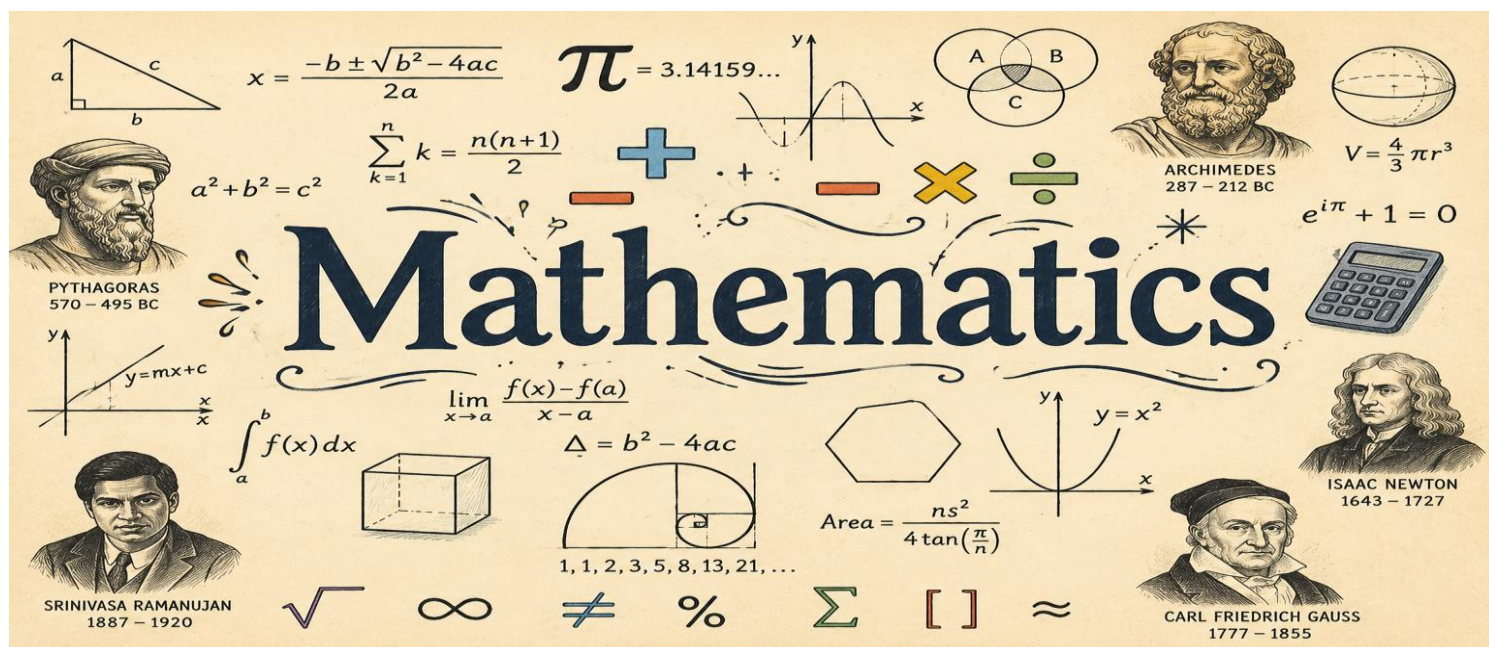
1. Make a project file on any one of the given themes (10-15 pages):

- * Making of the Constitution.
- * Elections in India.
- * Working of the Indian Judiciary System.
- * Social Justice: Are ethics followed in Indian Politics
- * Human Rights Act and its gratification in India.
- * Political impact on Indian Legislation.

The project should consist of the following:

1. Title page
2. Acknowledgment
3. Table of contents
4. Introduction
5. The body of the project should have description of the selected topic, pictures, data and other relevant information
6. Conclusion should have students' observations on the topic
7. Bibliography and references

B. Complete the pending work.



1. Revise all the chapters done till now.
2. Complete your pending work, if any.
3. Write the formulas of chapter 3 on A4 size sheets (3 times).
4. Do the examples and miscellaneous exercise of chapter 3 on white A4 size sheet.

Thank you and
God bless you!

ENJOY YOUR

